



None

Project:
Date:
Filled by:

Container Check

1	Ensure the first aid kit container is undamaged and securely closes.
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Label Inspection

2	Verify that the first aid kit label is visible and legible.
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Bandages

3	Check the quantity and expiration dates of adhesive bandages.
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Sterile Wipes

4	Ensure that antiseptic wipes are available and not expired.
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Gauze Pads

5	Verify stock and check expiration of sterile gauze pads.
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Adhesive Tape

6	Confirm that adhesive tape is available and in good condition.
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Scissors

7	Check that scissors are present and functional.
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Tweezers

8	Ensure tweezers are included and in good working order.
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CPR Mask

9	Verify there is a CPR face mask or shield available.
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Gloves

10	Check supply of non-latex, disposable gloves.
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Emergency Blanket

11	Ensure an emergency thermal blanket is provided.
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Cold Pack

12	Check for presence and integrity of an instant cold pack.
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Burn Cream

13	Verify that burn cream or treatment is available and not expired.
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Eye Wash

14	Ensure there is an eye wash solution and check expiration date.
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First Aid Manual

15	Confirm a first aid instruction manual is present.
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Pain Relievers

16	Check availability and expiration of pain relief medication.
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Inventory List

17	Update the first aid kit inventory list with current supplies.
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Comments:

Filled by:

Signature:

Introduction	How to use this checklist
Ensure the first aid kit is fully stocked, organized, and compliant by checking these essential items weekly.	